

INVICTUS FESTIVALS

YEAR 7/8

DATES: Wednesday 18th January

SQUAD SIZE: 14

Gender MIXED

Venue: Gilbert Inglefield Academu

ELIGIBILITY: Aimed at pupils who struggle to recognise that physical activity is important aspect of being healthy and would benefit from the social aspects of sport, ideally they have never represented their school in sporting activities. Appropriate for SEND pupils

Schools will be able to bring 14 young people

This will be a PLAY/ LEARN where there will be no competitive elements and the focus is on fun and learning new skills and meeting new people.

Each Festival will include “Alternative activities”

- Archery
- New Age Kurling (New Activities)
- Boccia (New Activities)
- Boxing Skills
- Team/Social Development Activities

- No previous experience is needed and all activities will be explained and demonstrated on the day.

Healthy Me:

Choosing Healthy behaviours and attitudes